
Get Out There Group Volunteer

Location:

Loughborough

Responsible to:

Matthew Parker

Time commitment: Varies

Days of the week: Saturdays

Times: Varies

Frequency: Varies

Sense is a leading disability charity, here to break down barriers alongside disabled people with complex needs. We use our knowledge and expertise to deliver personalised, creative and flexible support at every stage of life. Together, we drive change, building a future where everyone has the power, choice and control to live the lives we choose.

Our values

Our values shape the way we behave and work alongside disabled people with complex needs to break down barriers.

- We're creating change
- We're always learning
- We're better together

Description of the role

As a volunteer you'll make sure that everyone has a great time and can make the most of the activities on offer. You'll need lots of energy, a warm and welcoming personality and to be happy getting stuck in to a wide range of tasks and activities, all of which make sure that everyone has the best day they can together.

Key responsibilities

What your role will involve

- Taking part in activities alongside disabled young people. You could be joining creative activities, movement or sports session, trips out in to the local community or seasonal themed activities.
- Helping to set up the activities at the start of the day, clear away at the end and keep activities safe, clean and running smoothly throughout.
- Helping to welcome young people to the group, find their way around and between activities, enjoy breaks and lunchtime and generally have a great day with the team and Sense.

An enhanced Disclosure & Barring check will be required for this volunteer role.

Skills and qualities

Will the role suit me? Yes, if you are:

- Fun and friendly and confident to meet and spend time with disabled young people.
- Willing to develop the knowledge and skills to communicate with young people who have multi-sensory impairments and who may use a wide range of communication methods

- Able to work well in a team and be flexible about the role you play during the day depending on what's needed by individuals and activities
- Reliable and punctual.
- Committed to providing support in a way that offers choice, independence and dignity
- We welcome volunteers of all ages to this role who are able to create an inclusive and welcoming peer environment for everyone involved in the group.

What we offer you

As one of our volunteers, you'll get:

- Induction and other relevant training.
- Ongoing training and support to remain compliant and current in your role.
- Reasonable volunteer expenses reimbursed in line with our Volunteer Expenses Policy.
- The sense of fulfilment that comes from making a meaningful difference in the lives of disabled people with complex needs.
- A great way to develop new skills and share your existing skills.
- A reference to support future applications for paid or voluntary roles.
- Support from our Mental Health First Aiders, should you need it.

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